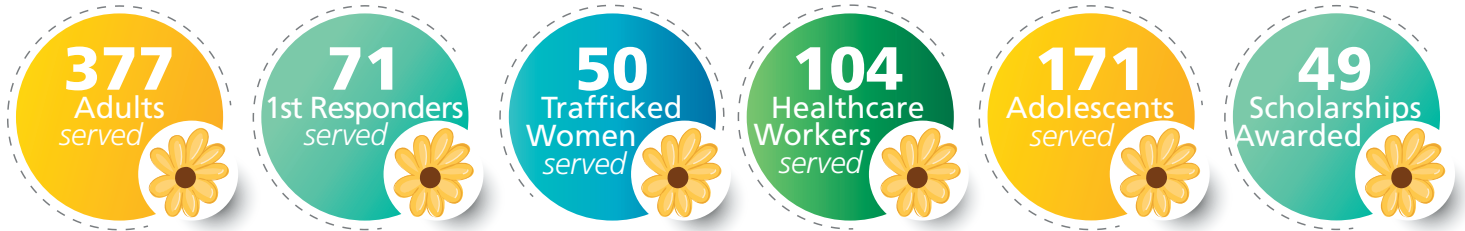


*HOPE and
Healing for those
who need it most...*



YOUR IMPACT



In 2022 your support...

served **124** participants monthly



PROVIDED PROGRAMMING

- Provided mental health and life skills services utilizing equine assisted counseling
- Offered Free & Low-Cost Sessions to participants
- Collaborations with schools, hospitals, police, court systems & mental health agencies



GREW OUR OPERATIONS

- Provided the highest quality of care with 6 experienced Independent Mental Health Clinicians with over 15 years of experience
- 7 Equine Specialists with over 20 years of experience in horsemanship
- Expanded the Herd
 - 7 horses donated to Hope Meadows in 2022 (Durk, Bailey, Rob, Jags, Elucktra, Stewie and our mini, Pumpkin)
 - Additional horses used in sessions: Jake, Duke, Naomii, Mater, Dory and two miniature donkeys, Dominic and Georgio



PURCHASED THE FARM

- New 20-acre property in Granger Township
 - 70x120 sq. ft indoor arena
 - 16 (10x10) horse stalls
 - Small tack/viewing room
 - 2800 sq. ft. Maintenance Barn for storage of shavings, hay and equipment
 - 5 fenced-in pastures, and fully fenced-in property

In 2023 your support will...

help us serve **500** participants monthly



SPONSOR PROGRAMMING

- Scholarship Funds provide services to those in need of financial assistance
 - At-Risk Youth Programs including Level 1, 2 & 3 of our "Mind Times" program
 - First Responders & Healthcare Workers - Wellness Days and trauma treatment
 - Human Trafficked Adolescents & Adults- Continue to work with specialized court dockets to provide equine assisted counseling as a compliment to wrap-around services
 - Grief & Loss - A Journey through grief and loss for healing and cherishing memories



GROW OPERATIONS

- The new facility will allow us to meet our goal of serving 500 participants a month
- Additional team members trained in the EAGALA modality
- Continue to grow and maintain the health of the herd



EXPAND THE FARM

- Continue to pay down the loan of the new property
- Seek capital funding to build new spaces:
 - Administrative Offices
 - Bathrooms and Laundry Facility, New Septic
 - Meeting Room
 - Classroom Space
 - Outdoor Covered Arena for Programming



Interested in making a charitable donation?

Your gift today, no matter the size, helps our mission to provide mental health services and life skills programs to those who need it most. **Imagine our Impact, together.**



" I learned in the group... I am not alone."

" My child has less of a need for reassurance."

YOUR IMPACT

" It's ok to not be in control and still find peace."

" I get better grades."

" I am capable."



As 2022 comes to an end, we want to take a moment to reflect and say thank you to all of our volunteers, donors and community partners who have greatly contributed to the success of our mission.

Thanks to your support and generosity we were able to serve more adults and adolescents than ever before. It truly has been humbling to look back on everything that has happened this year and remember the people whose lives have been changed through our team and our horses.

Our equine assisted counseling and life skills programs are one of a kind. This experiential approach to treatment is effective and cuts through barriers that traditional therapy does not. Our data analysis shows 56% of our clients have shifted from moderate to severe depression to mild depression in just 9 hours of therapy. For many, walking into the barn is the first time they have felt a sense of safety. The horse is their first "safe" relationship. And the skills they learn will allow them to protect their sense of self and safety out in the world. The stories have been profound and powerful.

While we reflect on a wonderful year behind us, we are focused on the great work ahead of us. Our programs could not exist without your generosity. No gift is too big or too small. Every dollar is needed to help provide mental health services to those who need it most. Please join us by making your gift online or by sending a check with the enclosed response card.

Thank you for believing in the healing power of horses and the importance of mental health. Our future is bright, and your support will help us foster and nurture a beautiful tomorrow.

With gratitude, The Hope Meadows Team

Thank you for supporting our mission to provide equine assisted mental health services for those in need.

Name: _____

Email: _____ Phone No.: _____

- Please add me to your mailing list
- Yes! I would like to support the great work you are doing at Hope Meadows.**

ANNUAL FUND

- I would like my contribution to go toward the **General Operating Fund**.
- I would like my contribution to go toward **Programming** for:
 - At-Risk Youth
 - Grief/ Loss
 - First Responders
 - Healthcare Workers
 - Those affected by Human Trafficking
 - Other _____

CAPITAL FUND

- Yes! I would like to support your Capital Campaign and the new property.**

Amount: _____ One Time Only Monthly

Check Credit Card

Name on Card: _____

Address: _____ City, State, Zip: _____

Card #: _____ Exp. Date: _____ CVV: _____



SCAN TO DONATE

Please make checks payable to: Hope Meadows Foundation
 P.O. Box 31862 • Independence, Ohio 44131
 Hope Meadows Foundation is a 501(c)(3) non-profit. EIN #35-2327253