



Disclaimer

Please note that EAGALA/ Equine therapy in this setting is NOT designed to be a replacement for individual therapy/family therapy. Research presents and our mental health team highly emphasize that equine therapy models/strategies are most effective and beneficial when used in addition to individual therapy/family therapy.

Also note- although Hope Meadows Foundation seeks to serve many types of participants in the hope of creating positive change and instilling hope, some issues/concerns/symptoms are not best addressed with our model and approaches:

- Recent or current suicidal ideation/ or attempts
- Recent or current episodes of psychosis
- Severe mental illness
- Statements, threats or actions of harm to others or animals
- On-going substance use or addictions
- Struggles with excessive stimulation
- High levels of impulsivity
- Very recent exposure to a traumatic event

Should any of the above issues/concerns/symptoms be current or if you are experiencing heightened symptomology - please consider signing a release of information (provided) for our MH team to consult your current on-going therapist to best address if our current services are appropriate for you at the present time.